

Kursplan

11.12.2017 - 17.12.2017

Body & Soul Fitnessfarm
 Asemisser Allee 5
 33818 Leopoldshöhe
 05202 8759
 info@bodyandsoul-fitnessfarm.de



Montag 11.12.2017	Dienstag 12.12.2017	Mittwoch 13.12.2017	Donnerstag 14.12.2017	Freitag 15.12.2017	Samstag 16.12.2017	Sonntag 17.12.2017
<div style="background-color: red; color: white; padding: 5px; margin-bottom: 10px;">17:45 - 18:45 Latin Dance</div> <div style="background-color: blue; color: white; padding: 5px;">20:15 - 21:15 Hot - Iron</div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 10px;">11:00 - 12:00 Rücken Aktiv</div> <div style="background-color: green; color: black; padding: 5px; margin-bottom: 10px;">18:30 - 19:30 Yoga</div> <div style="background-color: yellow; color: black; padding: 5px;">19:45 - 20:45 Indoor-Cycling</div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 10px;">18:00 - 18:45 Reha-Kurs</div> <div style="background-color: blue; color: white; padding: 5px;">19:00 - 20:00 BBP</div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 10px;">10:00 - 10:45 Reha-Kurs</div> <div style="background-color: red; color: white; padding: 5px; margin-bottom: 10px;">18:00 - 19:00 Latin Dance</div> <div style="background-color: green; color: black; padding: 5px; margin-bottom: 10px;">19:10 - 20:10 Yoga</div> <div style="background-color: blue; color: white; padding: 5px;">20:15 - 21:15 Hot - Iron</div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 10px;">16:00 - 17:00 Fit Mix</div> <div style="background-color: green; color: black; padding: 5px; margin-bottom: 10px;">18:00 - 18:45 Reha-Kurs</div> <div style="background-color: green; color: black; padding: 5px;">19:15 - 20:15 Rücken Aktiv</div>		

Ausdauer
 Dance & Fun
 Figur
 Gesundheit

Stand: 11.12.2017