

Kursplan

16.07.2018 - 22.07.2018

Body & Soul Fitnessfarm
 Asemisser Allee 5
 33818 Leopoldshöhe
 05202 8759
 info@bodyandsoul-fitnessfarm.de



Montag 16.07.2018	Dienstag 17.07.2018	Mittwoch 18.07.2018	Donnerstag 19.07.2018	Freitag 20.07.2018	Samstag 21.07.2018	Sonntag 22.07.2018
<div style="background-color: red; color: white; padding: 5px; margin-bottom: 5px;"> 18:00 - 19:00 Latin Dance Anastasia </div> <div style="background-color: blue; color: white; padding: 5px;"> 20:15 - 21:15 Hot - Iron Simone </div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 5px;"> 11:00 - 12:00 Rücken Aktiv Ulli </div> <div style="background-color: green; color: black; padding: 5px; margin-bottom: 5px;"> 18:30 - 19:30 Yoga Catharina </div> <div style="background-color: yellow; color: black; padding: 5px;"> 19:45 - 20:45 Indoor-Cycling Katharina </div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 5px;"> 18:00 - 18:45 Reha-Kurs Ulli </div> <div style="background-color: blue; color: white; padding: 5px;"> 19:00 - 20:00 BBP Katharina </div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 5px;"> 10:00 - 10:45 Reha-Kurs Ulli </div> <div style="background-color: red; color: white; padding: 5px; margin-bottom: 5px;"> 18:00 - 19:00 Latin Dance Anastasia </div> <div style="background-color: green; color: black; padding: 5px; margin-bottom: 5px;"> 19:10 - 20:10 Yoga Catharina </div> <div style="background-color: blue; color: white; padding: 5px;"> 20:15 - 21:15 Hot - Iron Simone </div>	<div style="background-color: green; color: black; padding: 5px; margin-bottom: 5px;"> 16:00 - 17:00 Fit Mix Ulli </div> <div style="background-color: green; color: black; padding: 5px; margin-bottom: 5px;"> 18:00 - 18:45 Reha-Kurs Ulli </div> <div style="background-color: green; color: black; padding: 5px;"> 19:15 - 20:15 Rücken Aktiv Ulli </div>	<div style="background-color: blue; color: white; padding: 5px;"> 14:15 - 15:15 Intervall Simone </div>	

Ausdauer
 Dance & Fun
 Figur
 Gesundheit

Stand: 19.07.2018